## **ABSTRACT**

## LOAD ASSEMBLY

5 An assembly for use in suspending loads from a load cell, comprising: an upper part adapted to be secured to an anchor point and from which a load cell may be suspended; and a lower part adapted to be suspended from the load cell and from which a load may be suspended, in which, in use, the assembly may be used in at least two positions, including: an 10 inoperative position in which the load cell is not fitted, where the lower part and hence the load is supported on the upper part; and an operative position in which the lower part and the load are supported only through the load cell and the lower part does not rest on the upper part. Also, an assembly for use in supporting loads on a load cell, comprising: a lower 15 part adapted to support a load cell; and an upper part adapted to be supported by the load cell and on which a load can be supported, in which, in use, the assembly may be used in at least two positions, including: an inoperative position in which the load cell is not fitted, where the upper part, and hence the load, is supported on the lower part; 20 and an operative position in which the upper part and the load are supported only through the load cell and the upper part does not rest on the lower part, and in which the assembly includes lifting means comprising an upper engagement member, by means of which the upper part is adapted engage the load cell and which allows controlled 25 movement of the upper part relative to the load cell.